

AGING IN PLACE: A PLAN FOR AGING WELL

THURSDAY
JULY 18, 2019

●
12:00 PM–1:30 PM

AKEBONO RESTAURANT



AGING IN PLACE

TIPS ON MAKING HOME SAFE AND ACCESSIBLE

Many older adults want to “age in place” —stay in their own homes as they get older—but may have concerns about safety, getting around, or other daily activities.



A few changes could make your home easier and safer to live in and help you continue to live independently.

One of the main concerns facing Americans today pertains to housing needs as we age. Specifically, deciding whether or not we will be able to stay in our current residence and community.

Join us in this free educational event featuring a panel of expert speakers who specialize in aging-in-place home modifications, occupational therapy and transportation services for seniors. Learn how to remain independent safely, regardless of your age, income or ability level.

Speakers:

- Paul Lenser, Certified Aging-in-Place Specialist (CAPS), 101 Mobility Sacramento Valley
- Carly Reynolds, Occupational Therapist (MS, OTR/L), Executive Certification in Home Modification
- Kaitlin Gilson, Regional Vice President, Nationwide Care Concierge
- Scott Okamoto, ACC Senior Services

Seating is Limited

For more information and to RSVP:

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